

# COACH LEARNING





# Contents

- 3** Vision & Mission
- 4** Gaelic Games Learning 'SPACE'
- 5** Coach Pathway
- 6** Requirements to be a Coach
- 7** Formal Qualifications – Award/Level 1/2s
- 8** ICGG (Introduction to Coaching Gaelic Games)

- 9-11** Stage Specific Learning 'SPACE'

- 13** National Coach Development Team

- 14** National Coach Development Advisory Group

- 15** Other Learning Opportunities

- 16** Have your voice heard





“Just in time”

# Gaelic Games COACH LEARNING

## VISION

To support **ALL** coaches in achieving their full potential.

## MISSION

To deliver **effective, engaging and accessible** learning opportunities for coaches relevant to their phase of the Gaelic Games Player Pathway.

This will be achieved by **engaging, supporting and retaining our coaches and coach developers**, who in turn, take responsibility for their own learning.



“Just for me”

**GIVE** RESPECT Our games.  
**GET** RESPECT Our choice.

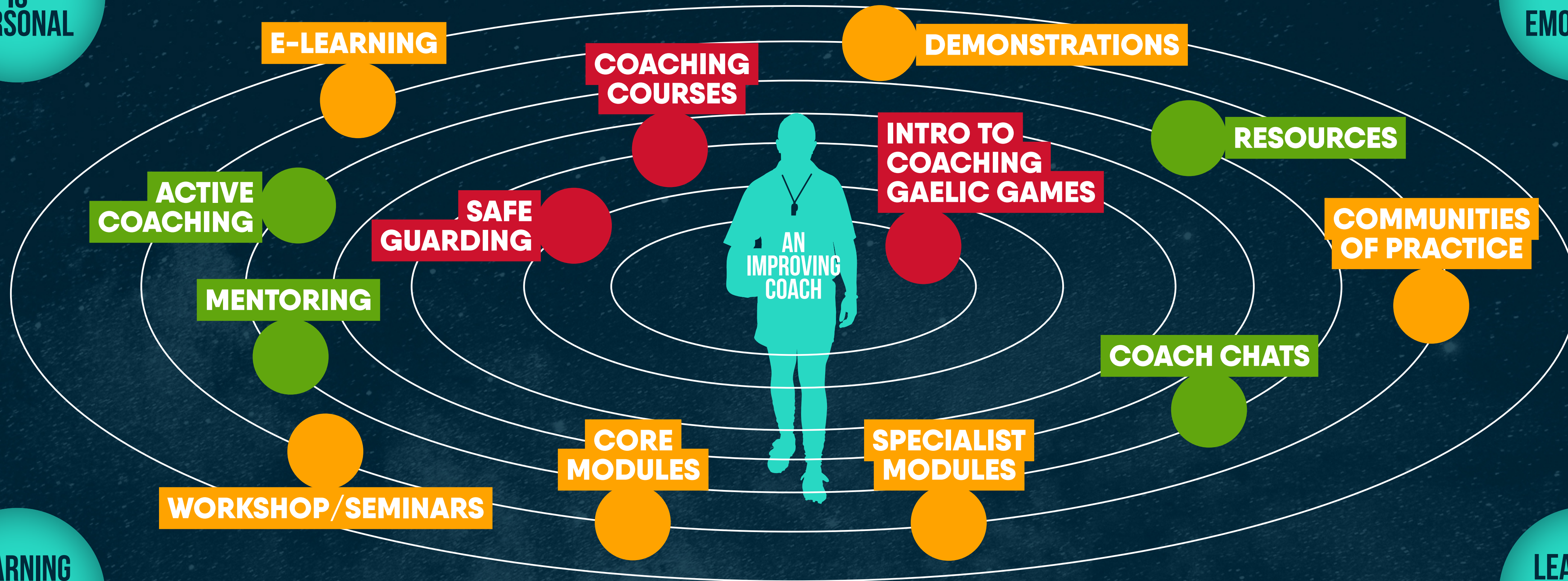
**TAKE A  
SECOND**



# Gaelic Games COACH LEARNING SPACE

LEARNING IS PERSONAL

LEARNING IS EMOTIONAL



LEARNING IS SOCIAL

LEARNING IS MESSY

- FORMAL LEARNING
- NON-FORMAL LEARNING
- INFORMAL LEARNING



# GAELIC GAMES COACH PATHWAY

**ELITE / HIGH  
PERFORMANCE**  
**ACHIEVING  
EXCELLENCE**

**FOUNDATION**  
**PARTICIPATION  
& ACTIVE  
LIFESTYLE**

**F1** Nursery Coach 4-6 year olds

**F2** Go Games Coach 7-12 year olds

**F3** Youth Coach 13-17 year olds  
Adult Coach 18 Years+

**T1, T2 & T3** Youth Coach  
(2nd Level School/County) 13-19 year olds

**T4** 3rd Level Coach Adult

**E1** Intercounty Coach Adult





## To be a coach...

In order to be eligible to coach, you must have completed **ALL** of the following (there are no exceptions):

- Be a member of the Association
- Garda vetting/Access NI Checked
- Safeguarding 1 Certification
- Minimum coaching qualification  
e.g. ICGG/Foundation Course



[CLICK HERE TO WATCH THE RESPECT VIDEO](#)

**GIVE**  
**RESPECT**  
Our games.

**GET**  
**RESPECT**  
Our choice.

**TAKE A  
SECOND**

[CLICK HERE FOR MORE  
INFO ON SAFEGUARDING](#)



# Formal Gaelic Games Family Courses



**AWARD 2**

**LEVEL 2**

**LEVEL 2**

**AWARD 1**

**LEVEL 1**

**LEVEL 1**

**INTRODUCTION TO COACHING GAELIC GAMES**

CLICK LOGOS FOR MORE INFO ON FORMAL COURSES



# Formal Coaching Award: Introduction to Coaching Gaelic Games

This course is aimed at beginner coaches from across the Gaelic Games codes of Hurling, Camogie, Gaelic Football and Ladies Gaelic Football.



CLICK LOGOS FOR MORE  
INFO ON ICGG COURSES

## LEARNING OUTCOMES

1. Describe the Coach you want to be...
2. Identify the Skills of Gaelic Games
3. List the six 'How to Coach' competencies & How to apply them into your Coaching
4. Organise progressive games & activities to develop:
  - Skills appropriate to players needs and abilities
  - Fundamental Movement Skills appropriate to Gaelic Games
5. Highlight differences and similarities while coaching different age group
6. Plan, Organise & Deliver quality Coaching Sessions

**7hrs 50 mins (Single code) 9hrs (Dual code)**



CLICK TO WATCH THE VIDEO



**GAELIC GAMES**  
**COACH**  
**PATHWAY**

**F1 NURSERY**

"I coach children aged 4-6 years old"



**AWARD 1**

**LEVEL 1**

**LEVEL 1**

**INTRODUCTION TO COACHING GAELIC GAMES**

- STAGE INTRODUCTION**
- STAGE SUMMARY CARD**
- ONE GOOD COACH**
- ACTIVITY PLANNER**
- MOVING WELL; BEING WELL**
- THE ROLE OF THE CHILDREN'S COACH**
- WHAT SPORT MEANS FOR CHILDREN**
- MOTIVATING CHILDREN IN SPORT**
- GO GAMES WORKSHOP**
- GO GAMES INFORMATION & POLICY**
- SPORTS SCIENCE EXPLAINERS**

**BEING AN F1 NURSERY COACH**  
**CLICK HERE TO LEARN MORE**





**GAELIC GAMES**  
**COACH**  
**PATHWAY**

**F2 GO GAMES**

"I coach children aged 7-12 years old"



**BEING AN F2 GO GAMES COACH**  
**CLICK HERE TO LEARN MORE**



**AWARD 1**



**LEVEL 1**



**LEVEL 1**

**INTRODUCTION TO COACHING GAELIC GAMES**

**STAGE INTRODUCTION**

**STAGE SUMMARY CARD**

**ACTIVITY PLANNER**

**THE ROLE OF THE CHILDREN'S COACH**

**CREATING A VISION & STRATEGY**

**MOTIVATING CHILDREN IN SPORT**

**GO GAMES WORKSHOP**

**GO GAMES INFORMATION & POLICY**

**ONE GOOD COACH**

**MOVING WELL; BEING WELL**

**HURLING/CAMOGIE DEMONSTRATION**

**GAELIC FOOTBALL DEMONSTRATION**

**SPORT SCIENCE EXPLAINERS**





**GAELIC GAMES**  
**COACH**  
**PATHWAY**

**F3 YOUTH**

"I coach players aged 12-18 years old"



**BEING AN F3 GO YOUTH COACH**  
**CLICK HERE TO LEARN MORE**



**AWARD 1**



**LEVEL 1**



**LEVEL 1**

**INTRODUCTION TO COACHING GAELIC GAMES**



**STAGE INTRODUCTION**



**STAGE SUMMARY CARD**



**ONE GOOD COACH**



**ACTIVITY PLANNER**



**SPORTS SCIENCE EXPLAINERS**



**WHAT IS A COACHING PHILOSOPHY**



**REFLECTIVE TOOLS FOR COACHES**



**CREATING A VISION & STRATEGY**



**GROWTH & MATURATION INTRO.**



**HURLING/ CAMOGIE DEMONSTRATION**



**GAELIC FOOTBALL DEMONSTRATION**





# WHO WE ARE

National Coach Development Team and  
National Coach Development Advisory Group





# National Coach Development Team



**Emma  
Byrne**



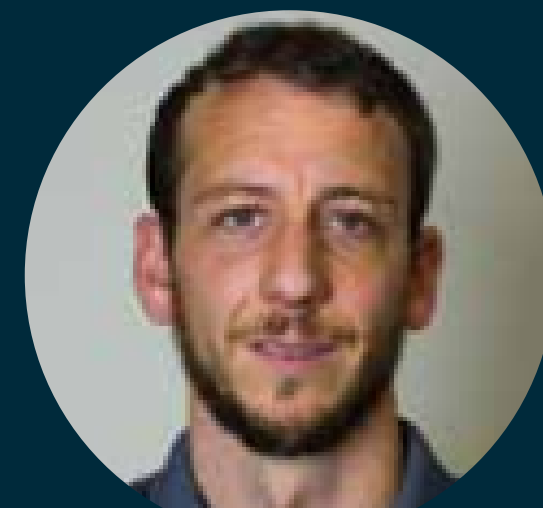
**Gerard  
O'Connor**



**Liam  
Clancy**



**Clodhna  
O'Connor**



**Jamie  
Queeney**



**Roger  
Keenan**



**William  
Harmon**



**Jack  
Cooney**



**Damian  
Curley**



**Martin  
Kennedy**



**Liam  
Moggan**



# National Coach Development Advisory Group



Lyn  
Savage



Peter  
Horgan



Liam  
Moggan



Des  
Ryan



Michael  
Dempsey



Eugene  
Young



Irene  
Hogan



Lizzy  
Broderick



Yvonne  
Byrne



# OTHER LEARNING OPPORTUNITIES



## GAELIC GAMES COACH PATHWAY



“I would like  
to learn  
more about  
\_\_\_\_\_”

**Let your voice be heard**

“ \_\_\_\_\_  
Was both  
thought  
provoking  
& helpful!”

**PLEASE  
CLICK HERE  
TO TAKE PART  
IN OUR SURVEY**

“I would love to  
understand  
\_\_\_\_\_ better”



**BEST OF LUCK  
ON YOUR  
COACHING  
JOURNEY**